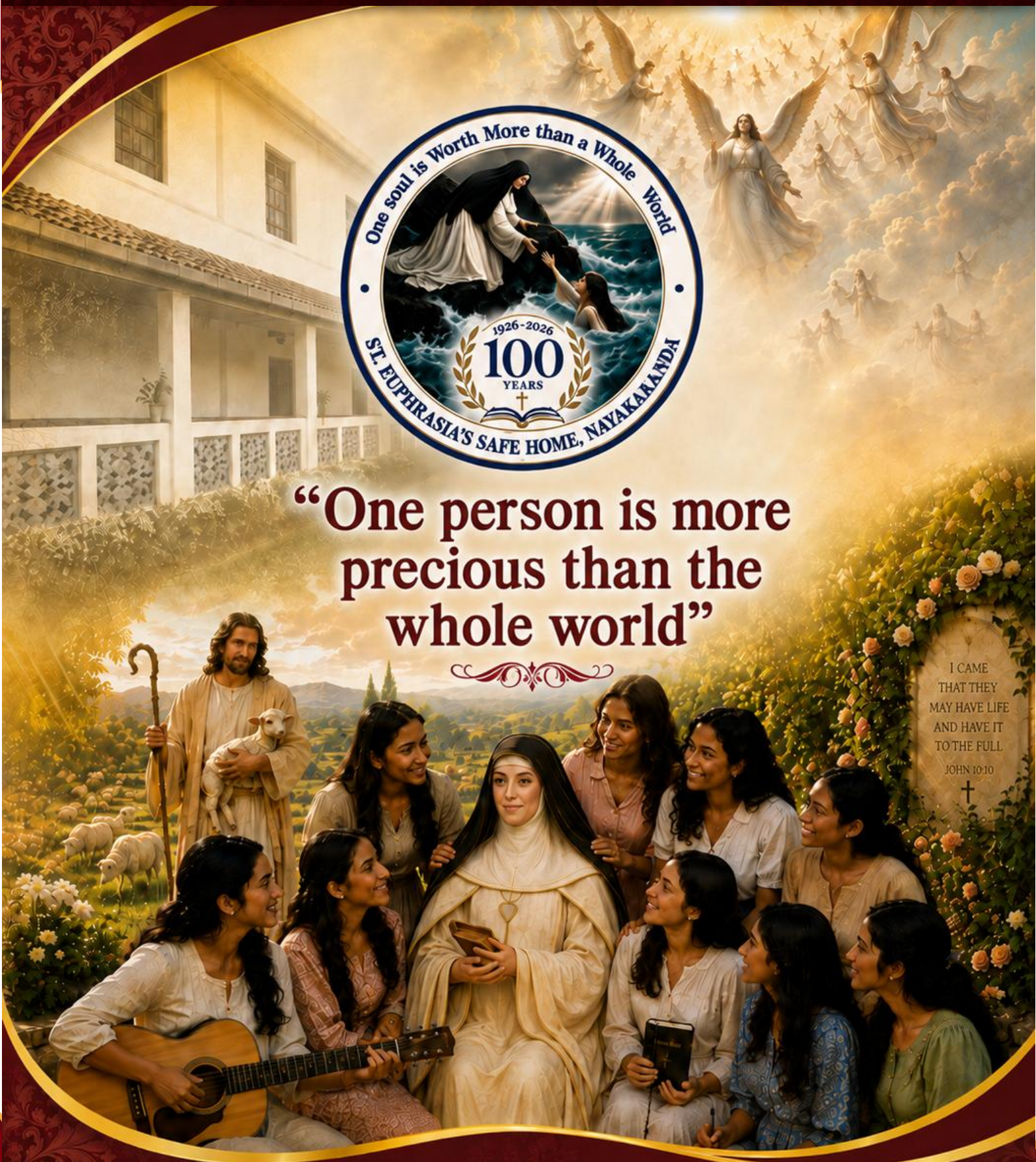
NEWSLETTER

Province of Sri Lanka / Mauritius
August 2026 - Volume 40



"One person is more precious than the whole world"

Celebrating 50 Years of Radiant Grace and Miracles

"Truly, nothing is impossible with God!"
Luke 1:37



1973

Looking back at 50 beautiful years in the vineyard of the Good Shepherd, my heart overflows with pure joy and praise! My journey began in 1973, when my loving parents, Joseph and Rita, made the deeply felt sacrifice of offering their only daughter, among five sons, to the service of God. Though parting was difficult, our magnificent Shepherd turned our sacrifice into an absolute miracle of love.

1976

As my first profession approached on September 8, 1976, I felt a bit anxious because my dear Amma hadn't visited in four months. When I insisted on seeing her, my youngest brother whispered a joyful secret: "Akki, don't worry... Zechariah has suddenly appeared to Elizabeth!" We burst into such loud laughter in the parlour that the novice mistress gave me a good scolding! The secret was breathtaking: to heal the family's empty nest, my parents had prayed for a baby girl born on my birth month and day. God answered with overwhelming generosity! My precious sister, Prasadini Nilangi, was born on October 4, 1976, right on the eve of my birthday, bridging a 23-year gap with pure heavenly joy and uniting my brothers in absolute delight. Truly, nothing is impossible with God!

Over these 50 golden years, serving across 23 wonderful communities in various ministries—from pre-schools and parishes to counseling and leadership—the Lord has continually led me into green pastures. Every challenge has been met with His tender touch and the unwavering spiritual strength passed down from my beloved Amma.

My heart is filled with profound gratitude for our Congregational Leader, Sr. Joan Lopez, and her team, as well as my current Provincial, Sr. Roshanthi, and all past Provincials who have guided my steps. I am deeply thankful to my formators for shaping me into an instrument of compassion, and to the priests, friends, and dear sisters of the Good Shepherd Province. I especially treasure our elderly sisters, whose encouraging words have been a constant guiding light.

As I celebrate this milestone on September 8, 2026, I pray that the Good Lord continues to uphold me in His unconditional love, allowing me to serve His vineyard happily, faithfully, and joyfully until the very end!

Praise the Lord for His boundless goodness!

50 Years of Faith, Gratitude & God's Faithfulness

1973 – 2026

With love and gratitude,

Sr. Marjorie Silva (R.G.S)

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Dear Sisters and Partners in Mission,

Grace and peace to you in the loving Hearts of Jesus and Mary!

As we journey through the month of August, the spirituality of **St. John Eudes** invites us to renew our hearts. He reminds us that lasting transformation begins within: *'Shine interiorly by the purity of your soul... and shine exteriorly by your good works.'* His words call us to root our lives in the compassionate Heart of Jesus, allowing prayer to become service and contemplation to become mission.

During my visits among our communities, I have been deeply touched by the many signs of God's grace present among us: the generosity of our sisters, the faithfulness of our mission, and the quiet ways in which love continues to flourish. Mauritius becoming a community of our Province has been a particular source of joy, a grace-filled milestone that calls us to go beyond our present boundaries, to share our resources generously, and to continue extending the Good Shepherd mission together. At the same time, I have been reminded of our invitation to move beyond a mentality of scarcity and to recognize the abundance with which God continues to bless us. Even amid our limitations and challenges, the Spirit is at work, inviting us to share our gifts generously and to trust more deeply in God's providence. *"I came that they may have life, and have it abundantly."* (John 10:10)

Our world today carries many wounds. The effects of climate change, including extreme weather events and the challenges experienced through the El Niño phenomenon, call us to respond with compassion, responsibility, and renewed care for our common home. Formed by the Heart of Jesus, we are called to care for one another and protect the gift of creation entrusted to us.

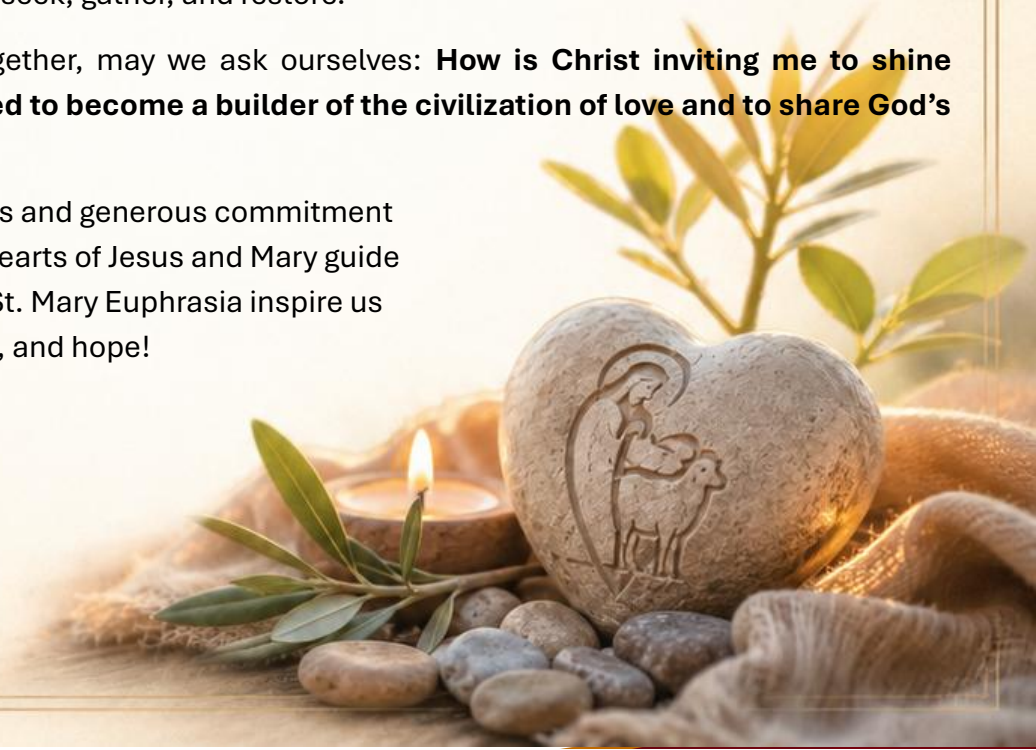
At the same time, while technology connects us in new ways, many people continue to experience loneliness, violence, displacement, trafficking, poverty, and loss of hope. In *Magnifica Humanitas*, Pope Leo XIV invites us to build a **"civilization of love,"** where progress is not measured only by efficiency and connectivity, but by our ability to transform charity into justice, fraternity into solidarity, and relationships into authentic communion.

This vision resonates deeply with our Good Shepherd charism. We are called to reveal the compassionate Heart of Jesus through lives that listen, accompany, heal, advocate, and restore dignity. Every community we build, every person we welcome, and every act of kindness becomes a sign that the Good Shepherd continues to seek, gather, and restore.

As we continue our mission together, may we ask ourselves: **How is Christ inviting me to shine interiorly today? How am I called to become a builder of the civilization of love and to share God's abundance with others?**

Thank you for your faithful witness and generous commitment to our shared mission. May the Hearts of Jesus and Mary guide us, and may St. John Eudes and St. Mary Euphrasia inspire us to live with courage, compassion, and hope!

Sr. M. Roshanthi Ranwatta
Province Leader



Une nouvelle aube pour notre mission : Maurice rejoint la province du Sri Lanka

Notre famille du Bon Pasteur à Maurice vient de vivre une étape historique profondément émouvante. Lors d'une magnifique cérémonie pleine d'émotions partagées, nous avons tourné la page de notre chapitre précédent pour nous lancer dans une nouvelle aventure, en rejoignant officiellement la province du Sri Lanka. Il y avait des sentiments mitigés à dire adieu à ce qui nous est familier, mais nous avons aussi ressenti l'immense joie de nous retrouver ensemble. Nos cœurs sont remplis de gratitude pour l'accueil chaleureux des sœurs et la joie d'avoir été témoins de ce moment marquant ensemble.

Des moments qui touchaient le cœur

La cérémonie a donné vie à notre nouveau départ par des gestes simples et inoubliables :

- **L'Union des drapeaux :** Dans le moment le plus touchant de la célébration, le drapeau mauricien a quitté Madagascar et l'île de La Réunion pour se tenir aux côtés du drapeau du Sri Lanka. C'était un moment magnifique, nous rappelant que la foi unit nos cœurs à travers l'immense océan.

- **Le passage du leadership :** Nous avons assisté à un magnifique passage de flambeau lorsque Sœur Florentine a remis le Leadership à Sœur Roshanti. C'était un pont puissant, reliant tout le monde dans la pièce avec nos sœurs qui se connectaient via zoom.

- **Souvenirs de notre histoire :** Chaque personne a reçu un petit bijou symbolique et une carte. Ces cadeaux sont de beaux rappels de notre histoire sacrée et partagée. Ils nous rappellent que nous sommes des dons les uns pour les autres, appelés à continuer à accomplir l'œuvre du Bon Pasteur avec amour, sagesse et profonde attention.





Ancrés dans ce que nous sommes

Ce changement nous a offert une belle occasion de regarder à l'intérieur de nous et de nous reconnecter au cœur profond du Bon Pasteur :

- **Connexion spirituelle :** Nous avons ressenti une paix et une présence profondes, vivant chaque instant en profonde communion avec Jésus et sous l'œil vigilant de sainte Marie Euphrasie.

- **Collaboration :** La célébration a magnifiquement montré le lien réel et visible entre nos partenaires laïcs et les sœurs, le tout enveloppé dans une atmosphère de profonde révérence et de prière où nous puisons la sagesse, la force et le courage dont nous avons besoin pour la route à venir

Un avenir bâti sur l'Esperance et l'engagement

Les différences de langue et de géographie ne constituent pas un obstacle alors que nous célébrions notre mission interculturelle partagée. Cette fusion



est un signe vivant et respirant de Communion, de solidarité et d'unité,
Empreintes d'une énergie nouvelle, les Partenaires en mission et les sœurs regardent vers l'avenir avec confiance, guidées par le Saint-Esprit. Cette étape est une belle étincelle pour nous tous afin de renouveler nos choix quotidiens — en avançant avec un sens plus profond des responsabilités, de la sagesse et un service actif pour ceux qui ont le plus besoin de nous.

Sisters and Partners in Mission Mauritius

A New Dawn for Our Mission: Mauritius Joins the Province of Sri Lanka

Our Good Shepherd family in Mauritius has just lived a deeply moving, historic milestone. In a beautiful ceremony filled with shared emotion, we turned a page on our past chapter to step into a bright new adventure, officially joining the Province of Sri Lanka. There were mixed feelings to say goodbye to the familiar, but we also experienced the immense joy of coming together as one. Our hearts are full of gratitude for the sisters' warm welcome and the pure joy of witnessing this landmark moment together.

Moments That Spoke to the Heart

The ceremony brought our new beginning to life through simple, unforgettable gestures:

- **The Union of Flags:** In the most touching moment of the celebration, the Mauritian flag moved from alongside Madagascar and Reunion Island to be with the flag of Sri Lanka. It was a beautiful moment, reminding us that faith unites our hearts across the vast ocean.
- **The Passing of Leadership:** We watched a beautiful passing of the torch as Sister Florentine handed leadership over to Sister Roshanthi. It was a powerful bridge, connecting everyone in the room with our sisters tuning in via zoom.
- **Remembrance of the event:** Each person received a small, symbolic piece of jewelry and a card. These gifts are beautiful reminders of our shared, sacred history. They remind us that we are gifts to one another, called to keep doing the Good Shepherd's work with love, wisdom, and deep care.

Anchored in Who We Are

This change gave us a beautiful chance to look inward and reconnect with the core heart of the Good Shepherd:

- **Spiritual Connection:** We felt a profound peace and presence, living every moment in deep communion with Jesus and under the watchful eye of Saint Mary Euphrasia.
- **Collaboration:** The celebration beautifully showed the real, visible bond between our lay partners and the sisters, all wrapped in an atmosphere of deep reverence and prayer where we draw wisdom, strength and courage we need for the road ahead

A Future Built on Hope and Commitment

The differences in language and geography are not barriers as we celebrated our shared, intercultural mission. This merger is a living, breathing sign of Communion, togetherness and oneness,
Filled with a fresh energy, Partners in mission and sisters are looking to the future with confidence, guided by the Holy Spirit. This milestone is a beautiful spark for all of us to renew our daily choices—stepping forward with a deeper sense of responsibility, wisdom, and active service for those who need us most.

Sisters and Partners in Mission

Mauritius





A Historic Milestone in Our Province Journey

"May your zeal be universal, not affected either by countries or individuals."

St. Mary Euphrasia Pelletier

With grateful hearts, we thank God for the blessing of **16 June 2026**, a historic day when the Communities **of Mauritius** (previously Unit of Isles) were officially welcomed into the **Province of Sri Lanka**. This significant milestone marks another step in our journey towards becoming a Region and reflects our shared commitment to live the Good Shepherd charism in deeper communion as one congregation.

The celebration took place at **Good Shepherd Church, Tombeau Bay**, where Sisters and Partners in Mission gathered for a joyful prayer service, giving thanks for the rich history of the mission in Mauritius and entrusting this new beginning to God. Sisters in Sri Lanka joined through Zoom, making the celebration a beautiful expression of unity beyond geographical boundaries. A fellowship meal followed, strengthening the bonds of friendship and belonging within our Good Shepherd family.

We extend our heartfelt gratitude to the Sisters and Partners in Mission in Mauritius for their generous hospitality. We also thank **Sr. Joan Lopez**, Congregation Leader, and **Sr. Josita Corera, Sr. Françoise Mestry, and Sr. Yolanda S.C.**, Link Councilors, whose guidance and encouragement have been instrumental throughout this journey.

The two Good Shepherd communities in Mauritius continue to serve with dedication. The **Tombeau Bay Community** ministers through parish pastoral care and **Enfants Espoir**, supporting children at risk with education, counselling, and personal development. The **Beau Bassin Community** serves through **Pelletier House**, a crisis centre for vulnerable girls that provides care, guidance, and support for family reintegration.



The Sisters are also engaged in prison ministry and pastoral accompaniment of migrant workers, bringing hope, dignity, and compassionate care to those most in need.

As we celebrate this new chapter, we entrust our shared future to the Good Shepherd. May this union strengthen our collaboration in mission and deepen our commitment to proclaim God's compassionate love.

Together, as pilgrims of hope, may we continue to build communities that reflect the compassionate heart of the Good Shepherd.





Une étape historique dans le parcours de notre Province

« Que votre zèle soit universel, , sans distinction de pays ni de personnes"

Marie Euphrasie Pelletier

C'est avec un cœur reconnaissant que nous rendons grâce a Dieu Dieu pour la bénédiction du **16 juin 2026**, un jour historique où les Communautés de l'ile **Maurice** (faisant auparavant partie de l'Unité des Îles) ont été officiellement accueillies au sein de la **Province du Sri Lanka**. Cette étape importante marque une nouvelle avancée dans notre cheminement vers la création d'une Région et reflète notre engagement commun à vivre le charisme du Bon Pasteur dans une communion plus profonde en tant qu'une seule congrégation.

La célébration a eu lieu à l' Église **du Bon Pasteur, à Tombeau Bay**, où Sœurs et Partenaires en Mission se sont réunis pour un service de prière joyeux, rendant grâce pour la riche histoire de la mission à Maurice et confiant ce nouveau départ à Dieu. Les sœurs du Sri Lanka se sont jointes a nous via Zoom, faisant de cette célébration une belle expression d'unité au-delà des frontières géographiques. Un repas de fraternité a suivi, renforçant les liens d'amitié et d'appartenance au sein de notre famille du Bon Pasteur.

Nous exprimons notre profonde gratitude aux Sœurs et Partenaires en Mission à Maurice pour leur généreuse hospitalité. Nous remercions également **Sœur Joan Lopez**, Responsable de congrégation, ainsi **que Sœur Josita Corera, Sœur Françoise Mestry et Sœur Yolanda S.C.**, Conseillères de Liaison, dont les conseils et encouragements ont été essentiels tout au long de ce parcours.

Les deux communautés du Bon Pasteur à Maurice continuent de servir avec dévouement. La **Communauté de Tombeau Bay** exerce son ministère à travers le service pastoral paroissial et **Enfants Espoir**, soutenant les enfants à risque par l'éducation, le counseling et le développement personnel. La **communauté de Beau Bassin** poursuit sa mission a la Maison Pelletier, un centre de crise pour filles vulnérables qui reçoivent un soutien, l'encouragement pour étudier et la réintégration familiale. Les Sœurs s'engagent également dans le ministère de la prison et l'accompagnement pastoral des travailleurs migrants, apportant espoir, dignité et soins compatissants à ceux qui en ont le plus besoin.

Alors que nous célébrons ce nouveau chapitre, nous confions notre avenir commun au Bon Pasteur. Puisse cette union renforcer notre collaboration missionnaire et approfondir notre engagement à proclamer l'amour compatissant de Dieu.

Ensemble, en tant que pèlerins d'espérance, puissions-nous continuer à bâtir des communautés qui reflètent le cœur compatissant du Bon Pasteur.





Centenary Celebration in the First Sheepfold!!! Nayakakanda

In the beautiful island of Sri Lanka, formerly known as Ceylon and affectionately called “The Pearl of the Indian Ocean," the ministry of the Good Shepherd Sisters began on 15th April 1869. Since then, the Sisters have faithfully carried out their mission through schools and orphanages at Good Shepherd Convent Kotahena, Good Shepherd Convent Kandy, St. Bridget’s Convent, Good Shepherd Convent Nuwara Eliya, and Good Shepherd Convent Bolawalana. A remarkable opportunity arose in November 1923 to commemorate the Silver Jubilee of the episcopal consecration of His Grace Archbishop Antonius Coudert, O.M.I., to be celebrated in 1924. As an expression of their loyalty, gratitude, and affection for their beloved first Pastor, many proposals were put forward. Among them was the establishment of a Home of Refuge for destitute and vulnerable girls.

Deeply concerned for this neglected section of his flock and aware of the Good Shepherd Sisters’ long-standing desire to undertake such a ministry, Archbishop Antonius Coudert entrusted this mission to the Provincial of the Good Shepherd Congregation, Mother Mary of St. Prosper Walsh, whose vision reflected the charism of the Congregation. The proposal was warmly welcomed by both clergy and laity. Hearts and hands united in support of the project, and on the day of the Jubilee celebrations, the faithful presented the Archbishop with a gift of Rs. 40,000.00 towards the construction of the new Home. This invitation was a profound blessing for the Good Shepherd Sisters, fulfilling a prayer that had been close to their hearts for many years—the establishment of a Home where the lost and vulnerable could find refuge, love, and hope, thus making the dream of their holy Mother Foundress a reality.

"Like a shepherd, lead them to the green pastures and to the deepest desire of their hearts.” - St. Mary Euphrasia

To fulfil this new mission, Mother Prosper Walsh proposed purchasing a separate property, as the existing convents were not suitable for such an apostolate. A spacious coconut estate at Nayakakanda, Hendala, a few miles outside Colombo, was identified. The property belonged to Mr. J. Don Joseph, whose charming residence became the first convent for the pioneering community.

On 7th June 1924, Mother Francis Borgia Culleton, Sister Vincent de Paul McNamara, and Sister Our Lady of La Salette Magennis arrived to begin this new mission. Although the Provincial House had been established at Kotahena from the beginning, Nayakakanda soon became the heart of the Province.

The year 1924, was also significant because Mother Mary Euphrasia was declared Venerable. The Good Shepherd Bulletin of that year recorded:

“Glad we are, indeed, to have the privilege of celebrating this glorious event by opening our first sheepfold in Ceylon and entrusting it to her keeping… we hope that in a few months, all will be completed”

The Foundation Stone of St. Euphrasia’s Home was blessed and laid on 18th December 1924 by Archbishop Antonius Coudert, in the presence of Mother Prosper Walsh, Mother Solange, the pioneering Sisters of Nayakakanda, distinguished benefactors including Sir Thomas E. de Sampayo and Mr. B. W. Leefe; together with the parish priest, parishioners, and many children of the parish.

On 26th January 1926, the buildings were completed and St. Euphrasia's Home was officially opened by Governor Sir Hugh Clifford and blessed by Archbishop Antonius Coudert in the presence of hundreds of friends and well-wishers.

On this memorable occasion, Sir Thomas de Sampayo praised the courage and dedication of the Sisters, saying:

"They are poor, very poor... their only treasures are love of God and love of one another."

On that very day, the first young girl seeking love, mercy, and protection was welcomed into St. Euphrasia's Home. Two more girls arrived the following day, marking the humble beginning of what became the first school within the convent premises. which paved way to open of the second school in the orphanage in 1927, and an English-medium school for day scholars in 1928. By January 1927, the Sisters were caring for 64 girls. In February 1927, the first Baptismal Ceremony was celebrated, during which seven girls received the Sacrament of Baptism.

Needlework soon became the principal means of livelihood for the Home. The girls quickly developed exceptional skills, and orders for their work increased steadily. As the institution expanded, training was also provided in cookery, baking, dressmaking, embroidery, lace-making, mat weaving, and farming. Regular government inspections consistently commended the institution for its excellent standards.

By 1938, the institution became known as St. Euphrasia's Industrial School, providing care and education for approximately 241 girls while maintaining an excellent reputation. During the 1940s, the Home evolved into what became known as St. Euphrasia's Class, comprising four residential cottages: Vinodhani, Pradeepthika, Preethiyangani, and Dayanthi, commonly referred to as PRC, PC, and DC. Today, the institution continues its mission under the name St. Euphrasia's Safe Home, faithfully serving vulnerable girls and young women in need of care, protection, and empowerment.

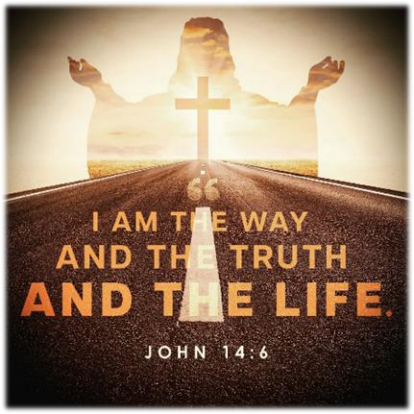
As the Jubilee bells ring this year, we give heartfelt thanks to God for the countless blessings bestowed upon the Good Shepherd Congregation through this sacred ministry. For generations, St. Euphrasia's Home has been a place of refuge, healing, education, and transformation, nurturing countless young women who have grown into confident, capable, and compassionate members of society, both in Sri Lanka and abroad.

Together with our Sisters, Partners in Mission, benefactors, well-wishers, former residents, staff, and all who have contributed to the growth and development, of this remarkable institution, we celebrated this memorable milestone with gratitude. As we gathered around the Lord's table in thanksgiving, we remembered with appreciation every person whose generosity, sacrifice, and faithful service had sustained this mission throughout the years.

May the Good Shepherd continue to bless this sacred ministry abundantly, and may the dedicated service of the Good Shepherd Sisters and their Partners in Mission remain a lasting sign of God's compassionate love for generation to generation.

Sr. Marie Iolanthi Nicholas,
Province Archivist.

"එන්න ඇවිත් බලන්න"



ආරම්භය හරිම අපූරුය. හේතුව අධ්‍යාත්මිකත්වය, එහි ගැඹුරු තැන් සොයා ගමන් ඇරඹීමකි. අධ්‍යාත්මිකත්වය කුමක්ද? තමාගේ ඇතුළාන්තයට යන ගමනකි. මන්ද ශු. බයිබලයේ උත්පත්ති පොතේ (උත්: 1:26) මනුෂ්‍යයා මවා ඇත්තේ දේව සමානකමට හා දේව ස්වරූපය යන්න සඳහන්ය. එම අබිරහස සොයා යන ගමනකි. අරමුණක් ඇත. නිකම්ම කිකම් අරමුණක් නෙවේ. මිනිස් බව ඔබ්බට යන අරමුණකි. තමා යන පුද්ගලයා අමතක කර යන ගමනකි..

විපරිත ලෝකයේ සියල්ල විපරිත වී ඇත. මනුෂ්‍යයාගේ දැක්ම භෞතික ලෝකය දැකීමය. එය තුළ අධ්‍යාත්මිකත්වයට ඉඩ නැත. සතුට, තෘප්තිය සියල්ල මෙලොව මතුපිට දකින දෑ සමගයි. ඔබ්බට දැක්මක් නැත. මොන තරම් නම් මුළාවක්ද? නමුත් මේ යථාර්ථය අවබෝධ කර ගන්නේ කොතරම් සුළු පිරිසක්ද?

අද සිදුව ඇත්තේ කුමක්ද? තනතුර නැති තැන ලෝකය කඩා වැටී ඇත. පිළිගැන්ම නැති තැන සිත ඔත්පල වී ඇත. අධ්‍යාත්මික ගුණ වගාවට නොව භෞතික ගුණ වගාවට පැය 24 කැප කර ඇත. දැක්ම බොද වී ඇත. නිරන්තර අසතුටෙන් අතෘප්තියෙන් ජීවත් වීමට අඩිතාලම දමා ඇත. අපැහැදිලි රටාවක් ජීවිතයට බද්ධ වී ඇත. වටිනාකම් හඳුනන්නේ නැත. මානසික නොසන්සුන් බව ලාබෙට ඇත. තමා කව්ද යන්නත් අමතක වී ඇත. එනමුත් දේව වචනය පිළිතුරු සපයා ඇත. එනම් මැවුම් කරුවන් සියල්ල මනහර ලෙස දුටු සේක. (උත් 1:31) මැවිල්ල මෙය අවබෝධ කර ගත් දාට දැක්ම විස්මිතය ගැලවුම් කරුවානම් මෙලෙස පවසා ඇත. "මම මාර්ගයද, සත්‍යයද, ජීවනයද වෙමි." එය අදහන්නා දේව ජීවනය ලබනු ඇත. ආත්මයන් වහන්සේ සියල්ල නවතාවයට හරවා පිරිපුන් කරන සේක. ශුද්ධාත්මයන් තුළ අත්දැකීම ගැඹුරු අධ්‍යාත්මික ජීවනයක රහසයි. එසේ නම් සත්‍ය සරලය. එම අත්දැකීමට ඇතුළු වන්නට සත්‍යතාවයේ දෙවිදාණෝ අප කැඳවන සේක. "එන්න ඇවිත් බලන්න."

මාරි සුවිනීතා කන්‍යා සොයුරිය



Dear Sisters,

On behalf of my family I wish to sincerely thank all the Sisters for your loving presence and prayers at the passing away of my dear sister, **Sr. Genevieve H.F.**

Thank you to each of you who came to pay your last respects, attended the funeral, offered prayers, during this time of sorrow. I am also deeply grateful for the condolence messages, phone calls, and every expression of sympathy and love that you shared with me. Your kindness and solidarity will always remain close to my heart.

I humbly ask you to continue to remember my dear sister **Sr. Genevieve H.F.** in your prayers, that the Lord may grant her eternal rest.

With heartfelt gratitude and prayers,

Sr. Mary Gilda Fernando
Canada

"A Silver Jubilee of Grace and Gratitude"

Twenty-five years ago, four hearts whispered a generous "Yes" to the gentle call of the Good Shepherd. That sacred moment became the dawn of a journey woven with faith, love, sacrifice, and quiet joy. As we celebrated the Silver Jubilee of our Religious Profession in the Good Shepherd Congregation, we—**Sr.Jayamani, Sr. Dilrukshika, Sr. Shanika, and Sr.Minoli**—bowed our heads in humble thanksgiving, remembering with grateful hearts the countless blessings God had bestowed upon us throughout these twenty-five years.

Our hearts turned first to Almighty God, the Author of every vocation, whose faithful hands had guided every step, strengthened every weakness, and filled our lives with the grace to serve His people. Through every season of sunshine and storm, His love had remained our constant light. With deep reverence, we remembered our beloved Mother Foundress, St. Mary Euphrasia, whose enduring spirit continues to inspire us to love without measure and to serve without counting the cost.

With profound gratitude, we thanked His Lordship Rt. Rev. Dr. Sagara Jayamanne, Bishop of the Diocese of Anuradhapura, and all the priests who joined in celebrating the Holy Eucharist with us, making our Jubilee a sacred offering of praise and thanksgiving.

Our sincere appreciation was extended to our Province Leader, Sr. Roshanthi, the Councillors: Sr. Francine, Sr. Renuka, Sr. Madonna, Sr.Rosary, and Sr. Jessy—together with all the contemplative Councillors, whose prayers, encouragement, and loving accompaniment have been a quiet strength throughout our journey.

With grateful hearts, we acknowledged the Jubilee Committee and every sister whose generous hands and joyful spirit transformed the celebration into a memorable blessing. Our heartfelt thanks also owes to the Superior of Nayakakanda and Community, the Provincialate Community, whose warm hospitality, loving support, and dedicated service added beauty to every moment of the joyful occasion.

To all the Rev. Sisters, Rev. Fathers, our beloved family members, friends, and everyone who gathered with us in prayer and celebration, your presence was a precious gift, your prayers a gentle embrace, and your love became a cherished memory that will forever remain in our hearts.

As we looked back on these twenty-five blessed years, we saw not merely the passing of time, but a harvest born of countless seeds sown in faith, watered with sacrifice, and ripened by God's unfailing grace. Every smile shared, every tear offered, every silent prayer, and every act of compassionate service had become a hymn of love to the Good Shepherd.

The Jubilee celebration itself became a joyful milestone—a sacred pause to remember God's abiding faithfulness, to rejoice in the gift of our vocation, and to renew our commitment to follow the Good Shepherd with hearts filled with hope and gratitude.

As we continue our journey, we entrust the years ahead into His loving hands, praying that the Good Shepherd will continue to lead us beside still waters, strengthen us for every mission, and make our lives a living melody of faith, hope, and zeal.

"To Him be glory, thanksgiving, and praise—today, tomorrow, and forever."

Sr. Jayamani, Sr. Dilrukshika,
Sr. Shanika, Sr. Minoli

Crossed Over the Deep Sea to Cast the Nets

Heeding the voice of our Lord, we too got an opportunity to cast the nets of vocation promotion spending some days in a tiny Island, Eluvaithivu, Jaffna. Rev. Fr. Dinushan Ponrasa invited us to his parish.

Srs. Amithreni, Iolanthi and Jenita (CGS) left in the night on the 27th of May. After refreshing ourselves in Navanthurai we headed off towards our destination. First by bus and then by boat which was a first-hand exciting experience. We were welcomed by the catechist Miss Keerthika who made us feel at home in Sr. Yalini's house (Somascan Sr). Fr. Dinushan gladly welcomed us and expressed his joy of our presence in his parish.

Soon after lunch we began our mission of family visits. The parishioners were delighted to welcome us into their little dwelling places to listen to them and to pray with them. Sr. Iolanthi was assigned to teach English late in the evening. On the following day, 29th of May also we continued visiting the families, reciting the rosary in the evening and being with them.

30th of May became very special in Eluvaithivu, as we organized the Childrens' Day. All the children participated in the holy mass and after having their breakfast gathered again in the church. The event very exciting when the priest announced that we will have three more sisters and the children cheered in a loud voice. We assembled in front of the church to welcome our dear Srs. Sumithra, Concepta and Regis. After a few common programmes, we divided the children into groups as class wise. This was for value-education, group activities and entertainment.

Having had our lunch, we were with the children preparing them for the following days' programme as Fr. Dinushan wanted to have a procession of girls dressed like Mother Mary. All the sisters were involved to make the event memorable. On the following day together mixed with the procession and the celebration of the feast of the Visitation, we put our hearts and minds to cast the nets. Soon after mass we began our programme. All the sisters were involved in the presentation. Praise the Lord! Few children gave their consent to our way of living.

Yes, we faced the challenge to cross over the deep sea to cast the nets. We thank and praise God for giving us the opportunity and for the extra-ordinary experience. We are grateful for all those who supported us and prayed for us. May we have many more opportunities to be one with His people.





May the service of the Vocation Mission Promotion grow from strength to strength with God's graces and blessings in abundance.

Sr. Amithreni and
The 'Team to Eluvaithivu'





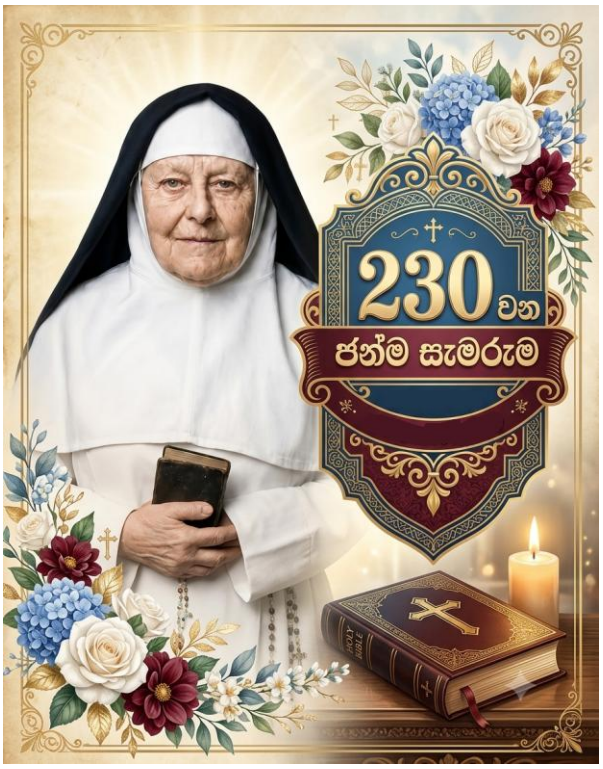


230 වන ජන්මෝත්සව සැමරුම

එය සිහිනයක් නොව යථාර්ථයට යොමු කරගත්, හදවතින්ම නැඟි නැඟී ආ සිතිවිලි සමුදායකි. වසර 1796 ජූලි මස 31 වන දින, ඒ ආකර්ෂණීය තරුව පායා යහපත් එඬේරාගේ පැවිදි නිකාය ඉදිරියෙන් ඉදිරියට ගෙන ආ ශුද්ධවන්ත මොහොතයි. න්‍යුවාර්මුටියේ ඒ කුඩා දූපතෙන් මුළු ලොවම වැළඳ ගැනීමට, පෙලටිය පවුල බිහිකළ ඒ කුඩා බිළින්දිය අප සැමටම උතුම් වස්තුවක් මෙන්ම උතුම් දායාදයක්. අප මේ වස්තුව ආරක්ෂා කර ගනිමින් භාවිතා කරගෙන යන්නේ කෙසේද? ඔව් "එක් ජීවිතයක් මුළු ලොවටම වඩා වටී" යන උතුම් පාඨය අපේ ආදර්ශ පාඨය කරගෙන, වැටෙන වැටෙන සෑම පියවරයන් ඔස්සේම දිරිය ගනිමින්, දිරිය සවිය නැවත නැවත පුබුදුවා ගනිමින්, එක පවුලක් ලෙසට, පැවිදි පංතියක් ලෙසට ගමන් කරමු. එදා පෙලටිය පවුල ගමන් කළේ ආගමික විප්ලව සමයේ වුවත් ඒ මැදින් හිතියේ ඉදිරියටම යමින් අවස්ථාව ලද සෑම විටකම සිය දරුවන්ට සක්‍රමේන්තු ලබා දුන් ආකාරය කෙරෙහි කෘත ගුණතාවය පළ කරමු. කුඩා රෝස් වර්ජිනියගේ පාසල් සමය ගැනත්, මදක් හැරී බලමු. ඇයගේ දඟකාර බව අභිබවා ඇය දැක්වූ දයාවේ ක්‍රියාවන් අද දිනටත් මල්ඵල දරා ඇත. අභියෝග මැද ආලෝකය ඔස්සේ ගමන් කරමින් අඳුර පලවා හරිමින්, වෘත ශුද්ධිය, දිළිඳුකම, කීකරුකම ඇතුළුව ජීවලිතකම හතර වන වේද භාරය, සෑම යහපත් එඬේරා පැවිදි සොහොයුරියක් විසින්ම, වේද භාරයකින් සිය නිදහස් කැමැත්තෙන්ම බාරගෙන ඇත්තේ මේවා අප විසින් අනුසාර කරනවාද කියා දිනපතාම මෙනෙහි කළ යුතු වැදගත්ම කාරණාවයි. සුළු කාලයක් දී මේ ගැන සිතා බලමු. මේ අතරතුර කුඩා රෝස් වර්ජිනියගේ හදවත කම්පා කළ තවත් වැදගත් සිද්ධියක් ඔබ වෙත තබන්නෙමි. අප්‍රිකාවේ මුහුදේ මාළු අල්ලාගෙන සිය ජීවිතයන් නඩත්තු කරගෙන කරන දෙමව්පියන්ගේ දරුවන්ව වහල්කමට ගෙන ගිය ආකාරයයි. හඬමින් ඔවුන් පසුපස යන දරුවන් දෙස මුහුදු වෙරළේ සිට සිය යෙහෙලියන් සමඟ නොබියව ඉදිරියට ගොස් දරුවන් එක්කෙනෙක් හෝ ඇදගෙන ඒමට වෙහෙස ගත්තේ පන්ති භේදය, වර්ණ භේදය කඩා බිඳ දමන්නට කුණාටුව නොතකා ඒවා තුළින් ජය ගත්තේ, ඉදිරියට එන සමාජයට එල්ල වන කුණාටු වලින් ඔබ අප ජයගත යුතු බවත් වටහා දෙමිනි. රෝස්

වර්ජිනීගේ හදවතේ තෙරපෙමින් තිබූ ආශාව තවදුරටත් රහසක්ව තබා ගැනීමට ඇය අපොහොසත් වූවාය. ඔබ යාච්ඤා කරන්න සියල්ල දෙවිඳුන් අතට භාර දෙන්න. මේ ඔස්සේම ගමන් කරමින් එය ඉටුවන තුරු බලා සිටියේ දහ අටවන විය එළඹෙත්ම දයාවේ අප ස්වාමි දූගේ රක්ෂාවරණාරාමයට ඇතුළු වීමට වරම් ලැබුවාය. මේරි යුප්‍රේසියා නමින් පැවිදි දිවියට පා තැබූ රෝස් වර්ජනි කීකරුකමේ වේද භාරයට විශේෂ ආදරයක් දැක්වූවාය. තමන්ට භාර වූ දැරියන්ව හික්මවාගත නොහැකි වූ ඇතැම් අවස්ථාවලදී දිව්‍ය සත්ප්‍රසාදය ඉදිරිපිට යාච්ඤා කිරීමෙන් ඇයට සහනයක් දැරියන්ට සිත්හැරීමක් ගෙන දුනි. මෙලෙසින් මුළු දිවියම කැප කළ එතුමිය සිය වේද භාර දිවිය තුළින් එතුමන්ට තම මහිමය ගෙන දුන්නාය. 1817 සැප්තැම්බර් 09 වන දින වෘත ශුද්ධිය, දිළිඳුකම, කීකරුකම ජීවලිතකම ආදිය ඔස්සේ නැති වූ ආත්මයන් දෙවිඳුන්ට දිනා දීමට ඈ කැප වූවාය. අපි තවත් අදියරක් වෙතට හැරෙමු. ඒ නව ආරාමයන් ආරම්භ කළ අවස්ථාවන්ය. මෙලෙස නව ආරාමයන් ආරම්භ කිරීමට යන සෑම අවස්ථාවකදීම, නොයෙකුත් දුෂ්කරතාවයන්ට මුහුණ දීමට සිදුවිය. රථයෙන් පවා බිමටම ඇද වැටුණු අවස්ථා තිබිණි. අන් කෙනෙකුගේ අත දීමෙන් නැගී සිටියේ, එවන් තැනැත්තා දෙස යටහත් පහත් බවින් දෑත දිගුකර නැගී සිටීමට, ඇය බැහැපත් වූවාය. බැහැපත්කමේ ගුණාංගයත් එතුමිය ජේසු තුමා මෙන් අපට දායාද කළ තවත් උතුම් දීමනාවකි. ඔව් යහපත් එඬේරා වූ ජේසු තුමාගේ ගමන් මග අපේ ගමන් මග කරගෙන වැටෙන වැටෙන සෑම පියවරම නැගී සිටිමු. අපේ කැඳවීමේ ගමන් මඟ ඔස්සේම නැති වූවන් සොයා යාමට, වැටුණු වූවන් නැගි සිටුවීමට, තුවාල වූවන් සුව කිරීමට, දුර්වල වුවන් ශක්තිමත් කිරීමට වෙහෙස දරමු. මෙවැනි උතුම් ගුණාංගයන් අපේ දිවියෙන් ප්‍රකාශ වෙනවාද කියා නැවත නැවත සොයා බලන අතරේම, පැවිදි හවුලක් තුළත් එම ගුණාංගයන් ක්‍රියාත්මක කරනවාද කියා සොයා බැලීමට වෙහෙස ගනිමු. සිතින් වචනයෙන් හා ක්‍රියාවෙන් මේවාට මුල් තැන දීම හොබනේය. මේවා නීති ලෙස ක්‍රියාත්මක කිරීමෙන් කාලය ඔස්සේම ලොකු සැනසීමක් ලබා ගැනීමට හැකි වන බව අදහා ගනිමු. යුප්‍රේසියා මව් තුමියගේ ජීවිත ගමන අවසාන මොහොතට ආසන්න අවස්ථාවේ එතුමියගේ ඉල්ලීම වූයේ "මාගේ ජීවිතය දීර්ඝ වනු සඳහා යාච්ඤා නොකරන්න!" එයත් එතුමිය දේව කැමැත්තටම භාර කරමින් 1868 අප්‍රේල් 24 මෙවන් වදනක් පවසමින් එනම් "ආයුබෝවන් ආදරණීය දියණියනි, මම ඔබව දෙවියන් වහන්සේට භාර කරන්නෙමි. ආදරවන්ත පන්තියද, මම ඔබව දෙවියන් වහන්සේට භාර කරමි." ඔව් එසේ නම් ඔබ අප සැම දෙනාම අපේ රැළ මාධ්‍යයේ යහපත් එඬේරාගේ ජීවමාන ස්වරූපය විය යුතුයි.

ලිනට් පෙරේරා කන්‍යා සොයුරිය





Happy Birthday!

Wishing you a day filled with joy, love and God's abundant blessings.

May our Blessed Mother intercede for you and may God's love guide you always.



August	
4	Sr. Dilani
5	Sr. Rajika
7	Sr. Minoli
8	Sr. Antoinette
12	Sr. Nimali
12	Sr. Anita Fdo.
14	Sr. Nilani
15	Sr. Punitharani
17	Sr. Ita
17	Sr. Geethani
18	Sr. Nishani
24	Sr. Mangalika
24	Sr. Alphonsa
29	Sr. Milani

September	
6	Sr. Ranjana
6	Sr. Martin
10	Sr. T. Marie
10	Sr. Shanthi (S)
12	Sr. John B.
14	Sr. Priyangika
16	Sr. Fatima
18	Sr. Rose Marieta
18	Sr. Jessy
19	Sr. Elizabeth Marie
22	Sr. Annie

October	
1	Sr. Kanthi
3	Sr. Sithumini
5	Sr. Majorie
5	Sr. Margaret
7	Sr. Martina
7	Sr. Solange
13	Sr. Virginie
13	Sr. Regis
18	Sr. Niluka
19	Sr. Jinali
20	Sr. Lanka
20	Sr. T. Kanthi
20	Sr. Patricia Rajes
20	Sr. Mabel
20	Sr. P. Rajes
22	Sr. Princy J.
23	Sr. Remona
25	Sr. Winifreda
25	Sr. Lalini
30	Sr. Princy Mendis

November	
3	Sr. Bernadette W.
4	Sr. Susila T.
7	Sr. Carmen
7	Sr. Stella
9	Sr. Siriyapushpam
10	Sr. Constance
11	Sr. Praneetha
16	Sr. Catherine
18	Sr. Thanuja
18	Sr. Therese
19	Sr. Vianney
22	Sr. Maristella
28	Sr. Sothy
28	Sr. Anna Rose

May your birthday be the beginning of a wonderful year ahead, filled with peace, happiness and God's countless blessings.

God Bless You!



August	
1	Sr. Piyumi
6	Sr. Leela
7	Sr. Sandamali
9	Sr. Gnanaseeli
10	Sr. Veronica (CGS)
11	Sr. Sriyani
15	Sr. Asumptha Maria
17	Sr. Hyacinth
21	Sr. Sithija

September	
1	Sr. Sriyakanthi
6	Sr. Priyangani
8	Sr. Nijanthiny
9	Sr. Peter
12	Sr. Anasta
12	Sr. Rosemary
16	Sr. Benita (J)
30	Sr. Jasmine

October	
2	Sr. Marie Angela
6	Sr. Blossom
7	Sr. Premi
8	Sr. Esther
9	Sr. Jeewani
12	Sr. Felicia
20	Sr. Irene
21	Sr. Patricia CGS
22	Sr. Dulcy
24	Sr. Priyani
26	Sr. Shyamalie
28	Sr. Jacintha

November	
1	Sr. Shanika (Jr)
4	Sr. Surani
6	Sr. Cynthiya
6	Sr. Vivienne
7	Sr. Nilmini
16	Sr. Sherine
20	Sr. Prabashini
20	Sr. Nibashini
21	Sr. Prashanthi
22	Sr. Cecilia
22	Sr. Roshani
25	Sr. Nirojini

Happy Feast Day & Birthday!

On your special day, may your patron saint intercede for you and obtain for you abundant blessings, peace, joy and strength. May God's love guide you today and always.



May God bless you abundantly today and always!



Happy FEAST DAY!

Wishing You God's Blessings Today and Always

On your special day, may your patron saint intercede for you and obtain for you abundant blessings, peace, joy, and strength. May God's love shine in your life today and always.

Aagust	
1	Sr. Alphonsa
4	Sr. Vianney
4	Sr. Dilani
5	Sr. Deepthi
7	Sr. Sandamali
10	Sr. Lawrencie
12	Sr. Chandani
13	Sr. Benildus
15	Sr. Nilani
15	Sr. Nishani
15	Sr. Nishanthi
15	Sr. Deepthika
15	Sr. Rose Ed.
18	Sr. Heleena
21	Sr. Ranjani Fon.
22	Sr. Sarojini
22	Sr. Regis
22	Sr. Princy Mendis
22	Sr. Ranjana
22	Sr. Pat. Rajes
22	Sr. Victoria
22	Sr. Princy J.
22	Sr. Rajika
22	Sr. Iolanthi
22	Sr. Rajes
22	Sr. Jayamani
23	Sr. Primrose
23	Sr. Rose Marieta
31	Sr. Remona

September	
4	Sr. Rosalia
8	Sr. Madonna
8	Sr. Marie Swinitha
8	Sr. Verlini
8	Sr. Ramani
8	Sr. Nilusha
8	Sr. Velani
8	Sr. Chamari
8	Sr. Minoli
8	Sr. Nilushika
8	Sr. Kanthi
8	Sr. Moureen
8	Sr. Preethika
8	Sr. Lakshmi
8	Sr. Lalani
8	Sr. Srimathie
12	Sr. Pramilla
12	Sr. Marian
12	Sr. Jenita
15	Sr. Ruth Fdo
24	Sr. Dayani
24	Sr. Renuka
24	Sr. Mercia
24	Sr. Nilendra
26	Sr. Shyamalie
27	Sr. Samudra
29	Sr. Devika

October	
1	Sr. Sithumini
1	Sr. T. Kanthi
1	Sr. T. Marie
1	Sr. Theresita
1	Sr. Treesa
1	Sr. Siriyapushpam
1	Sr. Kamala
1	Sr. Pumali
1	Sr. Milani
1	Sr. Therese
4	Sr. Francine
4	Sr. Francisca
7	Sr. Rosary
7	Sr. Judith
12	Sr. Wilfred
14	Sr. Calista
16	Sr. Margaret
18	Sr. Niluka
20	Sr. Mabel
21	Sr. Celinta

November	
3	Sr. Winifreda
3	Sr. Martina
3	Sr. Freeda
3	Sr. Martin
13	Sr. Stanislaus
15	Sr. Sirilla
16	Sr. Gertrude
17	Sr. Elizabeth Mar.
17	Sr. Hilda Mary
17	Sr. Mary Hilda
20	Sr. Subani
21	Sr. Praneetha
21	Sr. Nita
22	Sr. Geethani
22	Sr. Marina
22	Sr. Thanuja
24	Sr. Florida

God Bless You!

Returning to Our Roots: A Pilgrimage to the Heart of Our Foundress

Some journeys are more than visits to sacred places; they become encounters that renew our identity, deepen our gratitude, and reconnect us with the source of our vocation. A pilgrimage to the Mother House in Angers is one such sacred journey. It is a return to our roots—the place where the Good Shepherd mission grew through the faith, courage, and vision of our beloved Foundress, St. Mary Euphrasia Pelletier.

Many of us have had the grace of making this pilgrimage, and each person carries her own precious memories and experiences. , because the Mother House is not only a place we visit; it is a place that speaks to every Good Shepherd Sister's heart.

Stepping into the Mother House in Angers feels like entering the living history of our Congregation. Every room, every corridor, and every corner tells the story of a woman who gave herself completely to God and to the mission of bringing His compassionate love to those most in need.

Seeing the simple belongings of our Foundress—the bed where she rested, the desk where she wrote, her glasses, shoes, religious habit, and personal items—creates a deep sense of wonder. These simple objects remind us that holiness is not found in extraordinary things alone, but in daily faithfulness, sacrifice, prayer, and complete surrender to God's will.

Standing before the desk where St. Mary Euphrasia wrote countless letters, including those addressed to the Holy Father, we are touched by her courage, wisdom, and missionary vision. From this humble place, she carried a dream that reached beyond borders and cultures. She trusted deeply that the Good Shepherd would guide and expand the mission entrusted to her.

The walls of the Mother House continue to echo her spirit of zeal and compassion, while the peaceful gardens invite us to experience the serenity and deep faith that marked her life. It is a place where we feel the presence of a woman who allowed God to work through her completely.

One of the most moving moments of the pilgrimage is the prayer before the tomb of our Foundress. In that sacred silence, the past becomes present. St. Mary Euphrasia is not only a historical figure; she becomes a spiritual mother who continues to accompany and inspire us. Her life calls us once again to embrace our Good Shepherd charism with generosity, courage, and trust in Divine Providence.

The pilgrimage also brings us to the places that shaped her early life—the home where she was born, the streets where she walked as a child, and the church where her faith was nurtured. Visiting these places allows us to see how God gently prepared her heart for the mission she would later receive. We also deepen our appreciation of the spiritual heritage of St. John Eudes, whose spirituality greatly influenced her understanding of the compassionate Heart of the Good Shepherd.

As we walk through these sacred places, we realise that God prepares His chosen servants quietly and patiently long before their mission becomes visible to the world.



One of the greatest gifts of visiting the Mother House is discovering that it truly belongs to the whole Congregation. Sisters from different continents, cultures, and languages come together there. Though our backgrounds may be different, there is an immediate feeling of belonging. Around the tomb of our Foundress and within the walls of our Mother House, we experience the joy of being one family.

This beautiful diversity is a reflection of the great vision of St. Mary Euphrasia. She did not dream of a Congregation limited to one country or one culture. Inspired by the universal love of the Good Shepherd, she founded a missionary family whose heart embraces the whole world.

Today, her dream continues through Good Shepherd Sisters serving in many nations. We are united by one charism, one mission, and one spirit. Though we speak different languages and come from different traditions, we share the same love for the Good Shepherd and the same desire to continue the mission of mercy and compassion.

Our gathering with Sisters from around the world becomes a beautiful witness to the universal Church. We discover that our differences are not obstacles but gifts that enrich our communion and strengthen our shared mission.

As we leave the Mother House, we do not leave only with photographs and memories. We return renewed in spirit, grateful for our heritage, strengthened in our vocation, and inspired to continue the mission entrusted to us.

Returning to our roots reminds us that we are part of a living story—a story that continues to unfold through every Good Shepherd Sister who responds to God's call today. The same Spirit who inspired St. Mary Euphrasia continues to guide our Congregation, inviting us to bring God's boundless love, mercy, and reconciliation to the world.

The home of our Foundress is not only the place where our history began. It is a place where our hearts are renewed, our vocation is strengthened, and we are sent again to continue the mission of the Good Shepherd.

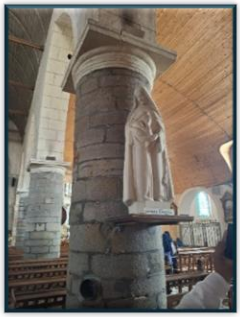
May the spirit of St. Mary Euphrasia continue to inspire and guide us as we walk together in hope and love.

Sr. Chandrika Perera









Celebrating the 230th Birthday

All over the world a multitude of things happen; some are done repeatedly, while others happen just for the first time. Likewise, a little action may pave way for a wonderful history. Something interesting took place in Louisville, Kentucky, in 1893, when a little girl entered the 'Little Loom House', kindergarten saying, today is my Birthday. Without delay, the 'Hill sisters' gave birth to the song, 'Happy Birthday to You'. The principal was Patty Smith Hill while her sister was Mildred Jessica Hill, the painter and composer in school.

The 230th birthday celebration is also of a significant character, who did many little things, which paved way to great things in the long run. She is Rose Virginie Pelletier who took the name of Sr. Mary of St. Euphrasia Pelletier, the foundress of the Good Shepherd Congregation. Her parents, Dr. Julian Pelletier and Anne Aimee Mourain were God-fearing and noble people who lived in the district of Soullans in France. They were deported to a little island named Noirmoutier on the 10th of May, 1794 because they went against the law and took care of the Catholic priests during the French Revolution (1787-1799).

The Pelletier family was blessed by their 7th child on the 31st of July, 1796. 'A child of promise, a child of a new world'. The little girl was named Rose Virginie and baptized by her father behind locked doors. Thus, the girl spent her childhood in freedom having being exposed to nature, environment and a safe spiritual upbringing which was a strong foundation to her future. Those who encountered her would always say that she is vibrant, enthusiastic, extremely sensitive, broad-minded, lively, tender-hearted, generous, warm, loving and filled with fresh and lively imagination.

After her father's death, her mother returned to Soullans. A new chapter begins in life. Rose is being boarded in Tours, for higher education. God inspires her for a greater and noble cause. Yes, she responds with great determination amidst trials and challenges. Rose entered the Refuge of Our Lady of Charity on the 20th of October, 1814, and took the name Sr. of Mary St. Euphrasia. She pronounced her first vows on the 09th of September, 1817 and was placed in charge of the penitents. Some penitents required permission to religious life of the same order where she encouraged them to pray that God's will be done in their lives. On the 25th of May, 1825, at the age of 29, Sr. Mary Euphrasia was elected superior of the Refuge at Tours. In addressing the sisters she said, ''You have elected me superior, I am unworthy of it, but since I am your superior, I have made the decision; we will begin the Magdalens''.

On the 11th of November, 1825, four young boarders received the Holy Habit of the Sisters of St. Mary Magdalen. Sr. Mary Euphrasia expanded their service and after four years the Refuge housed 70 boarders and 80 orphans. Meanwhile invitations were received to open a house of the Refuge in Angers, and she responded without hesitation, amidst challenges. In the light of prayer, Sr. Mary Euphrasia was inspired to form the central government system. On 15th August, 1834, while the sisters were singing the Magnificat, she began her letter, "I am the handmaid of the Lord...I want nothing...but the glory of God" to Cardinal Odescalchi, which was assured on the 28th of September 1834. The Commissions of Bishops and Regulars drew up the Decree erecting the congregation in a general



administration, and signed it on 09th of January, 1835. Pope Gregory xvi approved it on the 14th of January, 1835. Thus, the Church established the House of Angers and all the convents that depend on it as a separate congregation, distinct from the Order of the Refuge.

The new congregation received the name "Our Lady of Charity of the Good Shepherd of Angers''.

In 1855, there were 56 Houses: 29 Houses in France and 27 Houses in other countries; in 7 Provinces each with a Novitiate.

Responding to the letter sent on 30th March 1867 by Monsignor Hillarion Sillani from Ceylon, Sr. Mary Euphrasia wrote on the 01st of May 1867 ''It is with sentiments of deep gratitude that we received your esteemed letter, and hasten to reply immediately and to thank your Lordship for the confidence with which you honour our Congregation by inviting it to your Diocese...''

Her last good-bye message was Love God! Love the Church! Love Souls! Love the Institute!

Sr. Mary Euphrasia entered eternal bliss on the 24th of April 1868, at the age of 72. She left 2800 Apostolic Sisters, 970 Contemplative Sisters and 15,000 girls, women and children being cared for in 110 Houses around the world.

In the Basilica of St. Peter Rome, Pope Pius xii canonized St. Mary Euphrasia on the 02nd of May 1940, at 11.00 a.m.

Let us be ever grateful for this great and noble saint as we sing, 'Happy Birthday to You dear Mother! Rejoice! let all the world rejoice!

Sr. Marie Iolanthi Nicholas
Nayakakanda

අපගේ ජීවිත තිළිණය තුළින් දෙවිදුන් මහිමයට පත් කරමු

මගේම ආදර සොයුරියනි,

අප සෑම අයෙක්ම අසමසම අභිරහසකි. ඔබ වන්නා වූ අභිරහස ද, මා වන්නා වූ අභිරහස ද මීට පෙර කිසිදාක පැවතී නොමැත. එසේම මා වැන්නෙකුවත්, ඔබ වැන්නෙකුවත් මතුදාක මෙලොව බිහිවන්නේ නැත. මා තුළ වූ අසමසම ද, ඔබ තුළ වූ අභිරහසද, අප සන්තක කුසලතා ද බෙදා ගත හැක්කේ අපටම පමණය. මේ සඳහා අපගේ අවංක විවෘත භාවය තුළින් සහෝදර බෙදා ගැනීමක් මගින් ඔබත් මාත් අමුතු ලොවක් කරා රැගෙන යයි.

ඒ සඳහා දෙවියන් වහන්සේගේ මහඟු තිළිණය පුදුමාකාර ලෙසින් ඒ කරා රැගෙන යයි. විශේෂයෙන් මේ පැවිදි බිමේ ඔබ මා හමුවූයේ උතුම් කැඳවීමක් තුළින් එම වරම් ලබන්නට නොවේද. මෙවැනි උතුම් කැඳවීමක් ලබන්නට අප කළ පින කුමක්ද? මව්කුස පටන් අපව තෝරා ගන්නට අපගේ දෙමව්පියන්, අපගේ ජීවිතයට පණ පෙවූ සහෝදර සහෝදරියන්, අපගේ පවුල, ගම හැදී වැඩුණු පරිසරය අද අප මතකයේ තියේද?

පැවිදි බිමට අපව පුහුණු කළ අප ශ්‍රේෂ්ඨවරියන් අපගේ මතකයේ සිටීද?

අපි සැම අද පැවිදි බිමේ නිළ තල තරාතිරම් වල වැජඹෙන්නේ කාගෙ අනුහසින්ද?

මා දැන් සිටින මෙම ජීවිත තත්ත්වය හිමිකර තිළිණ කරන්නට ඔවුන් මොන තරම් නම් දායක වූවාද?

එසේ නම් සොහොයුරියනි, අපගේ වැඩිහිටියන් ශ්‍රේෂ්ඨවරුන් කිසිදාක අප අමතක නොකරමු .

දෙවිදුන් තුළින් අපට ලැබුණු එම තිළිණ මතකයට නගා ගනිමින් ඒ ජීවිතයන්ට, ඔවුන්ට තුති පුදමු.

මගේම සොහොයුරියනි, අප තුළ සැබෑ වෙනසක්, පරිවර්තනයක් ඇතිකර ගනිමින්, සාර්ථක පැවිදි දිවියක් ගත කරන්නට ආත්ම සෝදිසියක යෙදෙන්නට මම ඔබට ඇරයුම් කරමි.

තමාව හොඳින් හඳුනාගෙන තමාගේ යථා ස්වරූපය අවංකව පිළිගෙන ස්වකේන්ද්‍රීයත්වයන් අභිබවා ගොස් දේව සේවය ඉටු කරන්නට වෑයම් කරමු.

යහපත් එඬේරා පැවිදි පංතිය මේ ලක්දෙරණ තුළ වැජඹෙව්වා වූ අපගේ අතීත සොහොයුරියන් සිහියට නගා ගනිමු. ඔවුන් තම කම පසෙකලා ඔවුන්ට පැවරුණු සියලු දේ ඉටු කළා නොවේද? ඒත් අද අපගේ පැවිදි පංතිය දෙස බලන විට එය අංශභාග තත්ත්වයට පත් වී ගෙන යනවා නොවේද?

මෙයට වගකිව යුත්තේ ඔබත් මමත් නොවේද?

අද පැවිදි දිවියට, අප දෙස බලා තරුණියන් නොයෙන්නේ මන්ද? ඔබත් මමත් මේ පැවිදි දිවියට ආවේ එදා ජීවත් වූ පැවිදිවරියන් දෙස බලා නොවේද ?

එදා අපගේ ජීවිත තුළත් යක්ෂ පරීක්ෂා තිබුණා නොවේද?

අපි මොහොතක් හදවතින්ම අපගේ ජීවිත දෙස හැරී බලමු. අපගේ වේදහාර ජීවිතය අද ඔවුන්ට අභියෝගයක්ද? වේදහාර ජීවිතයේ එම ලස්සන දිළිඳුකම, කීකරුකම, වෘතශුද්ධිය හා ජ්වලිතකම යන වේද භාරයන් තුළින් දෙවිඳුන්ගේ මහත් වූ සෙනෙහස අපි භුක්ති විඳිනවාද?

ඇත්තටම අපට එම ජීවිතය කරදරයක් වෙලාද?

අද අපගේ ජ්වලිතකම කුමක් සඳහාද ? ජ්වලිතකමින් මටම වදයක්ද? මට ඕන, අවශ්‍ය දේ කරන්නට, මට වැජඹෙන්නට, මම කරන කියන හැමදේම හරි කියාගෙන ජීවත්වන නිසා, ජ්වලිතකම, කීකරුකම කොයි සොරාද සොරකම් කරගෙන ගිහිල්ලා තියෙන්නේ? මේ ප්‍රශ්නය මමයි, ඔයයි දෙන්නම ගැඹුරින්ම අපෙන්ම ඇසිය යුතු ප්‍රශ්නයක්?

මට හිතෙන්නේ, ඇයි දෙවියනේ අපිට මෙහෙම වුණේ? ඇයි කියලයි. අපගේ ශ්‍රේෂ්ඨවරුන්ට පණක් දෙමින්, කීකරුකමින් ඔවුන් තුළින් දෙවිඳුන් මහිමයට පත් කරමු. අපගේ දේව කැඳවීමේ උතුම් බව දිනෙන් දින, මොහොතින් මොහොත සොයා යමින්, ශු. මේරි යුප්‍රේසියා මව්තුමියගේ අඩි පාරේ ගමන් කරන්නට වෙර දරමු.

මා ජීවිත තිළිණයේ ඔබගෙන් ලද සත්‍ය ජීවිත කතාව නම්:

මා ඔබ සැමගෙන් ලද සෙනෙහස සදා මා මතකයේ රැඳී ඇත. මන්දයත්, මා කුඩා කල බිම පෙරළි පෙරළි හඬා වැටුණේ මට අක්කා කෙනෙක් හෝ නංගියෙක් ගෙන දෙන ලෙසයි. ඒ සොහොයුරියකගේ සෙනෙහස, ආදරය මා පැතුවේ පුදුමාකාර ලෙසයි. ඒ නංගිලා, අක්කලා සියලු දෙනාම මට හිමි වුණ දා තරම් සතුටු වූ තවත් දිනක් නැත. සෑම දිනකදීම, මා උදෑසනත් රාත්‍රියේදිත් දිව්‍ය සත්ප්‍රසාද වහන්සේ ඉදිරියේ ඔබ සැම මතක් කරමින් යාච්ඤා කරන අතර, ශුද්ධ වූ ජපමාලය ඔබ සැම සිහිකර දෙවිඳුන් යදිමි. මා අද එලෙස කියන්නේ මහත් වූ ආඩම්බරයකිනි. ඒ තරමටම ඔබ සැමට මගේ හදවතින් ආදරය කරමි. ස්තුතියි. ජේසු පිහිටයි!

රෝස් මරීටා හේවාගම කන්‍යා සොයුරිය
තම්මිට



Our Sisters ...

Sr. Mary Helen Perera	30th Feb.	(Age 90)
Sr. Mary Evelyn Paul	7th June	(Age 83)
Sr. Christopher Jayamaha	20th June	(Age 89)

Navigation

Ever-creative God, the Source of all life, is the One who initiated our Shepherding Journey.

How mysterious and magnificent is God's plan for the Good Shepherd Family in the Pearl of the Indian Ocean. We, the daughters of St. Mary Euphrasia, are eternally grateful to our Shepherd God for His constant mercy and love.

As we celebrated the 158th milestone of our reconciling and compassionate presence in our Motherland, Sri Lanka, we give thanks for the countless blessings bestowed upon us throughout this sacred journey. Guided by faith and inspired by our charism, we remain committed to bringing hope, healing, and reconciliation to all those we serve.

May God's enduring love continue to lead and strengthen us as we journey forward in service and compassion.

Through winding paths and crossroads, through seasons of shedding leaves and sprouting tender shoots, through tears and joys, hard labour and abundant harvests, disappointments and new hopes, the shepherding journey of the Sri Lanka Province has been richly woven with beauty, colour, and meaning. In grateful thanksgiving, we offer all these experiences as a sweet fragrance of sacrifice to the ever-loving God who faithfully journeys with us.

In 2025, we celebrated with gratitude the Golden Jubilee of the Good Shepherd Mission in Pakistan. Yet, this milestone year was also marked by the bittersweet experience of separation as the Pakistan Sector journeyed beyond the embrace of the Sri Lanka Province. While we felt the pain of letting go, we also experienced the joy of witnessing their growth and new beginnings. Empowered through visionary leadership, they embarked on a new venture by joining Indonesia in the formation of a new region. With grateful hearts, we entrust this new chapter to God's loving providence, confident that the seeds sown over fifty years will continue to bear abundant fruit.

It was like a mother who, having given birth, nourished, and lovingly cared for her daughter, eventually lets her go to begin a new life of her own. Such was the experience of the Sri Lankan Sisters who welcomed, nurtured, and accompanied their daughters in Pakistan. With hearts filled with both sadness and joy, they said goodbye, knowing that the time had come for them to journey onward. Though the pain of parting lingered, there was deep gratitude and pride as these daughters stepped into a new territory of shepherding, strengthening their wings and preparing to soar beneath a new sky, guided always by the spirit of the Good Shepherd.

When the new governance structure invited the units to form regions, I perceived the mysterious hand of God at work, opening new avenues and new possibilities before us. What may have appeared as a structural change was, in reality, a movement of the Spirit, gently guiding us towards a new horizon.

It reminds me of the phenomenon of radial velocity—the movement of stars through space within a constellation. At this significant moment in our history, we are called to witness the dawning of a new star in the dark sky. This emerging light rekindles the spark within our hearts, our communities, and our Province, inviting us to see beyond present uncertainties.

At times, we have found ourselves gazing into the darkness, surrounded by perplexities and unanswered questions. Some of us have felt

threatened by the overwhelming events unfolding around us, uncertain of the direction in which we were heading. Yet, even amid the darkness, God has not ceased to guide us. The appearance of this new star assures us that a new future is unfolding—a future shaped by hope, courage, and trust in God's providence.

As pilgrims on this shepherding journey, we are invited to lift our eyes from the shadows and fix them on the light that leads us forward. The dawn of this new reality calls us to embrace change with faith, to welcome new beginnings with confidence, and to journey together towards the fullness of God's dream for us.

I sense that the rough sea is gradually calming, and that our patient anticipation is being gently rewarded. What once appeared uncertain and turbulent is slowly revealing God's loving design.

In 2026, we witnessed a remarkable movement within our Good Shepherd family. While one star was moving away from the constellation, another star was moving towards it. In a beautiful turn of providence, Mauritius, having celebrated its own Golden Jubilee journey with the District of Isles, joined the Sri Lanka Province. Thus, two pearls of the same Indian Ocean came together as one region, united in mission, spirit, and hope.

Looking back, we can recognize that God had already prepared this path. He gathers together those who cherish and preserve the legacy of an open heart, an open mind, and an open spirit, so that His divine mission may continue to flourish. What may seem to us a series of human decisions and historical developments is, in fact, part of God's greater design unfolding through time.

He is the One who navigates the voyage. We are but sailors journeying under His loving gaze. As we continue our pilgrimage, let us keep our eyes fixed on Him alone—the Master of the tempest, the Lord of sea and sky. Storms may arise and waves may threaten, yet they cannot overcome those who place their trust in Him. The rough sea will not harm the sailors as long as they remain with the Lord, our Divine Captain, who guides our vessel safely through every darkness toward the shores of hope and promise.

With gratitude for the past, courage for the present, and confidence in the future, we sail onward together, trusting the One who has led us thus far and who will continue to guide us into the new horizons that await.

(Personal reflection received in my prayer)

Sr. Shirani Algama



St. Bridget's Convent Choir Wins International Honours in Singapore

The **St. Bridget's Convent Choir** brought great honour to Sri Lanka by achieving outstanding success at the **Singapore International Choral Festival 2026**, one of Asia's most prestigious international choral competitions.

A delegation of **175 students** proudly represented St. Bridget's Convent, competing against distinguished choirs from **13 countries** in **72 competition categories**. Despite the exceptionally high standard of competition, the choir achieved remarkable success, winning a **Gold Award** in the **A1 Category** and **Silver Awards** in both the **Sacra (Open Category)** and **Folklore (Open Category)**.



The **A1 Primary Choir (Grades 4–6)** was trained by **Ms. Harindi de Silva**, while the **Sacra** and **Folklore** choirs were trained by **Ms. Priyanthi Vandort**. Their dedication, together with the commitment and discipline of the students, resulted in these outstanding international achievements.





The tour was made possible through the generous support of the parents who accompanied the students and the St. Bridget's Past Pupils in Singapore, whose hospitality and encouragement greatly contributed to the success of the visit.

This outstanding accomplishment reflects the rich musical tradition of St. Bridget's Convent and the dedication of its students, teachers, and the entire school community. The school gratefully acknowledges the blessings of Almighty God, whose guidance and grace made this memorable achievement possible

St. Bridget's Convent
Media Committee

Re-Opening of The Crisis Intervention Centre, Borella



Welcome House, Borella, was established in 1972 through the vision and initiative of the then Mother Superior, Sr. Mary Finbarr Twomey. It was primarily a haven for battered women and women in crisis, as well as a safe and nurturing place for babies and children. For over 50 years, Welcome House served people irrespective of creed or age, offering shelter, care, and hope.



Due to various circumstances, this noble service was discontinued for a few years. With renewed hope, the Crisis Intervention Centre has now been re-opened with a dormitory consisting of five cells.

The Centre was blessed on 24th March 2026 by the Parish Priest of All Saints' Church, Borella, Rev. Fr. Claude Nonis, in the presence of the Sisters.

Sr. Marie Nilusha Kiriwella is the present Coordinator of the Crisis Intervention Centre.

Three Offices – 'Under One Umbrella'

"**Look to new horizons and even beyond**" ... this famous saying of St. Mary Euphrasia became a reality in Nayakakanda, Sri Lanka on the 10th of April, 2026 as three offices were opened Under one Umbrella with the title of 'Good Shepherd Social and Communication Centre.'

1. Justice and Legal Affairs
2. Communication and Media
3. Residential Programs

A part of the rehabilitation home which was closed few years back was refurbished for the above offices. The long-awaited day dawned with new hopes and fresh dreams. In the presence of the provincial Sr. Roshanthi Ranwatte and members of the PLT Srs. Francine, Renuka, Rosary and Madonna, the assistant parish priest Fr. Jude Shylan blessed and opened the Good Shepherd Social and Communication Centre and its wings. Most of the sisters engaged in these ministries were present.

Quoting the words of St. Mary Euphrasia, "**They conquer who believe they can**" we look forward to improve our ministries as we journey ahead coming to a central office, expanding our services to those near and far beyond measure.





Sr. Chamari Fernando
Communications Co-Ordinator





Golden Jubilee

September 2026

Diamond Jubilee

October 2026













Silver Jubilee

December 2026

25th Jubilee



Celebrating 25 years of
Faith, Love, and Dedicated Service.



Wishing you continued
joy, good health, and
God's abundant blessings
as you inspire and
touch lives every day.

With Love & Gratitude

Attention...

You are invited to pen your thoughts and experiences of your shepherding journey in the province newsletter which is a splendid platform to express your views.

Please send your articles and images before 15th October 2026 to
slmu.communications@gssweb.org